



red tailed hawks news

25030 Via Santee, Murrieta, CA 92563 • 951-696-1404

Principal: Tammy Hunter-Wethers • Assistant Principal: Lynn Nord



Principal Wethers' Message:



Dear Rail Ranch Families,

Today, I took a look back at what we were doing about this time last year.

We were planning for our Rail Ranch 30th anniversary. Our Fall Festival for our families was highly successful. Thanksgiving break was on its way, staff and families were happy to say what made them feel thankful.

Fast forward to November 2020, we are experiencing a pandemic and educating our students virtually. Parents, staff, and students have had to take their technological knowledge up by leaps and bounds. What is amazing, is that our children are much more adaptable. The majority of students are comfortable with the technology, they are used to interacting with it. The deficit that is occurring is the human interaction. The one thing I miss the most is greeting our students every morning. I know one day our children will be back on site and interact in a safe environment.

Please know that we have resources that we can refer you to as needed. (Care Solis, Breakthrough Counseling, etc.)

Thank you all for participating in the registration process. It will help us to know the direction parents in our school community feel is best for their family. Our goal is to come up with a workable plan for when we are allowed to return to campus with the required parameters.

It is such a privilege to serve you here at Rail Ranch!

Tammy Wethers

NO SCHOOL ON WEDNESDAY, NOV 11TH IN OBSERVANCE OF VETERANS DAY. THANK YOU TO ALL WHO SERVE(D) THIS GREAT NATION!



Sign up for PTA!!

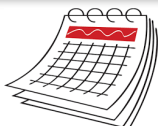
Joining PTA is so easy!
[CLICK HERE](#)



THANKSGIVING BREAK 11/23-11/27

Resource Links:

Community Flyers



Rail Ranch School Year Calendar

Parent/Student Handbook



Rail Ranch Website

Lunch Menu



November



El Gordito Mondays-Take a break from cooking on Mondays! A portion of the proceeds come back to Rail Ranch!
El Gordito Mexican Food, 39413 Los Alamos Road, Ste. A

11/11- Veteran's Day NO SCHOOL!!

**** MATERIALS PICK UP HOURS ARE 8-5 PM****

11/13- 2nd & 3rd Grades Monthly Pick Up

11/16- Kinder & Ms. Hensley Monthly Pick Up
(bins located in front of Kinder classes in Loop I)

11/17- 4th Grade & Ms. Hamilton Monthly Pick Up

11/18- 1st & 5th Grades Monthly Pick Up

11/19- **MEAL PICK UP DAY**

REMINDER Bins will be located in Loop I

11/23-11/27- **THANKSGIVING BREAK**

Rail Welcomes Mrs. Heida!

We have a new Red-Tailed Hawk on campus! Mrs. Rachael Heida is our new 5th grade teacher.

Mrs. Heida has been teaching for 12 years. She has taught all grades and ages, from PK to 5th grade.

She is a Southern California native, who loves spending time with her husband and two kids. She enjoys crafting during her down time.

We welcome Mrs. Heida to the Rail Ranch Family!

Important Reminders

Daily Schedule:

8:00-12:00-

Live whole/small group instructional time- Times will vary based on individual teacher/class schedules.

Morning meeting (15-30 mins)

ELA Block (90-120 mins)

Math Block (90-120 mins)

12-12:45-

Teacher/Student Lunch Break

12:45-3:00-

Independent work, intervention groups, enrichment opportunities

Kinder Schedule:

AM

8-8:15-Beginning of Day Video

8:15-8:30- Meeting/check in

8:30-9:15- ELA whole/small groups

9:15-9:30- Break

9:30-10- Math whole/small groups

PM

10-10:5-Beginning of Day Video

10:15-10:30-Meeting/check in

10:30-11:15-ELA whole/small groups

11:15-11:30-Break

11:30-12- Math whole/small groups

12-12:45- Teacher Lunch

AM & PM

12:45-3- Online Assignments in Canvas

REMINDER

Masks must be worn while on

campus. Children 2 and under are exempt..

Counseling Corner

Nicole Vergara, School Counselor

nvergara@murrieta.k12.ca.us

951-696-1404

Character Lesson of the Month



The character lesson of the month focuses on **Coping Skills**, or as our TK-1 friends know it as, **Green Spot Tools**. During my class visits, we explore different coping skills with the ultimate goal of the student identifying their favorite coping skill. The most important message I share with students is that coping skills are not a "one size fits all." It is important for all of us to find the coping skill we like best that will help us when we're having a strong feeling.

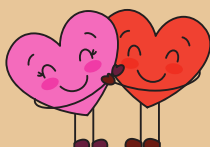
Tips for At-Home Learning



Grades TK-1

This month, we go on a short adventure with our Green Spot (feeling calm and relaxed) and explore 4 different tools. Encourage your student to utilize their "Green Spot Tool" when they're having a strong feeling.

We explored dancing, deep breathing, hugging a loved one or stuffed animal, and stretching.



Grades 2nd-5th

When your child is having a strong feeling, encourage them to use our two steps on how to control our feelings.

Step 1: Name It (with an I-Feel Statement)

Step 2: Tame it (with a coping skill)

Encourage your child to have a "Feel Good" plan, a list of coping skills they can use when they're having a strong feeling. Create your own "Feel Good" plan and share with your students!

[Learn more about I-Feel Statements here](#)

***Virtual Learning Meal Pack Information below, including:
Locations, Menu, Nutrition & Heating of items***

Meal Pack Pick-Up

FREE TO ALL ENROLLED MVUSD STUDENTS

Thursdays @ 12:15PM-6PM



Families may pick up meals from a single school site for all students in the family.

Reminder:

Student ID or ID number is required for all meal



WE ARE THANKFUL FOR YOU!!

NOVEMBER MEMBERSHIP CONTEST

**The class with the highest membership
increase in November will win a prize!**

November 1st - November 30th

We will distribute prizes at the December
pick up.



TUTORING OPPORTUNITY FOR 4TH AND 5TH GRADERS

PAPER - TUTORING SERVICE

MVUSD has partnered with a virtual tutoring service called Paper. This is a great opportunity for your student to receive extra support in their academics. Emails on how to register will be sent to your student's Office 365 email on Monday, November 2nd. Please review the videos linked below to learn more about Paper.

HOW DOES PAPER HELP STUDENTS - [CLICK HERE](#)

PAPER FOR PARENTS AND GUARDIANS - [CLICK HERE](#)

PAPER FOR PARENTS AND GUARDIANS (SPANISH) - [CLICK HERE](#)

PAPER FOR PARENTS WEBINAR - [CLICK HERE](#)

LIVE HELP IN SPANISH - [CLICK HERE](#)

**OPORTUNIDAD PARA
SERVICIOS DE TUTORÍA
PARA 4° Y 5° GRADO**

PROGRAMA DE TUTORÍA- PAPER

El distrito escolar del valle de Murrieta, MVUSD, se ha asociado con un servicio de tutoría virtual llamado Paper. Esta es una gran oportunidad para que su estudiante reciba más apoyo académicamente. Se le enviará un correo electrónico con instrucciones para registrarse al servicio a la cuenta Office 365 de su estudiante el lunes, 2 de noviembre. Favor de revisar los enlaces que se encuentran debajo de este mensaje para aprender más sobre el programa Paper.

¿QUÉ AYUDA LES BRINDA PAPER A LOS ESTUDIANTES? [HAGA CLIC AQUÍ](#)
PAPER PARA PADRES Y TUTORES- [HAGA CLIC AQUÍ](#)
PAPER PARA PADRES Y TUTORES EN ESPAÑOL- [HAGA CLIC AQUÍ](#)
SEMINARIO WEB DEL PROGRAMA PAPER PARA PADRES- [HAGA CLIC AQUÍ](#)
AYUDA EN LÍNEA EN ESPAÑOL- [HAGA CLIC AQUÍ](#)